

ARTHROSCOPY CONFERENCE '19

Current concepts:
SHOULDER, KNEE ARTHROSCOPY

09.20

Creative Incubator, Culture Factory
Bangu str. 5a, Klaipeda

PROGRAMME

7:30 - 8:50	Registration
8:50 - 9:00	Welcome (prof. V. Janusonis, Chief of Klaipeda University Hospital. M. Fiodorovas president of LASTA)
Knee session. Meniscus.Patella instability. Moderators: J.Menetrey, J.Belickas	
9:00 - 9:10	ESSKA announcement (J. Menetrey)
9:10 - 9:25	Modern treatment of meniscal injury (J. Menetrey)
9:25 - 9:40	Meniscus repair different techniques (M. Pawlak)
9:40 - 9:55	Repairing of the complex meniscus tears (J. Holz)
9:55 - 10:10	Root tears – why they should be repaired (M. Fiodorovas)
10:10 - 10:25	Ramp lesions (G. Pocius)
10:25 - 10:40	Patello femoral instability : what's new in 2019 (J. Menetrey)
10:40 - 10:50	Lyprinol as an antiinflammatory agent in Osteoarthritis (W. Madej)
10:50 - 11:10	Coffee break

Knee session. ACL.

Moderators: J.Holz, R.Gudas, M.Pawlak

11:10 - 11:25	Indication to ACL reconstruction (J. Menetrey)
11:25 - 11:40	ACL augmentation (J. Holz)
11:40 - 11:55	Addressing tibial slope and alignment (M. Pawlak)
11:55 - 12:10	Revision ACL repair: tips and tricks (J. Holz)
12:10 - 12:25	When is ACL Reconstruction is not enough? (R. Gudas)
12:25 - 12:40	Role of lateral extra articular reconstruction in ACL surgery? (M. Pawlak)
12:40 - 12:55	Discussion
12:55 - 13:55	Luncheon
13:20 - 13:45	LASTA current affairs (M. Fiodorovas). LASTA president election

Shoulder session (Instability).

Moderators: M. Antonogianakis, B. El-Zayat

13:55 - 14:10	Arthroscopic Bankart repair. Case with tips and tricks (M. Antonogianakis)
14:10 - 14:25	SLAP lesions. What to do? (B. El-Zayat)
14:25 - 14:40	Remplissage technique. Tips and tricks (M. Antonogianakis)
14:40 - 14:55	Posterior shoulder instability. Case with tips and tricks (B. El-Zayat)
14:55 - 15:10	Arthroscopic Eden-Hybinette procedure with button fixation for the treatment of anterior shoulder instability with glenoid bone loss (M. Antonogiannakis)
15:10 - 15:25	Arthroscopic Latarjet procedure with double button (M. Fiodorovas)
15:25 - 15:40	Management of failed Latarjet procedure (R. Gudas)
15:40 - 15:55	Shoulder instability: what we have learned from the bone loss discussion (R. Muller)
15:55 - 16:10	Coffee break

Shoulder session (RC pathology).

Moderators: R. Muller, L. Bazaras

16:10 - 16:25	Rotator cuff repair: technical pearls (R. Muller)
16:25 - 16:40	Complex and massive rotator cuff tears (L. Bazaras)
16:40 - 16:55	SSC fixation.Tips and Tricks (M. Antonogianakis)
16:55 - 17:10	Superior capsular reconstruction. Case with tips and tricks (B. El-Zayat)
17:10 - 17:25	Tendon Transfer for anterosuperior irreparable cuff tears (S. Ryliskis)
17:25 - 17:40	Massive posterosuperior rotator cuff tear: A technique of subacromial spacer on top of suture anchor fixation (R. Gudas)
17:40 - 17:55	Management for shoulder stiffness after rotator cuff repair (E. Piesina)
17:55 - 18:10	Outcome analysis of rotator cuff repair (R. Muller)
18:10 - 18:25	Discussion
18:25	End of the conference, certificates

19.00	Dinner (JAZZPILIS, Pilies str. 6)
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Additional information:

Registration until 1st of September.

Fee:

LASTA member - 130 €

Non LASTA member - 180 €

Resident - 60 €

Contact for registration:

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Faculty:

M.Antonogianakis MD, PhD, Greece

J. Menetrey MD, PhD, Switzerland

B. El-Zayat MD, PhD, Germany

J.Holz MD, PhD, Germany

R. Muller MD, PhD Germany

M. Pawlak MD Poland

J. Belickas MD, Lithuania

R. Gudas MD, PhD Lithuania

G. Pocius MD, Lithuania

L. Bazaras MD, Lithuania

M. Fiodorovas MD, Lithuania

S. Ryliskis MD, PhD Lithuania

E. Piešina MD, Lithuania

Organizing committee:

V. Janusonis MD PhD (Head of Klaipeda University Hospital)

M. Fiodorovas MD (Chief of Sports Trauma Department, Klaipeda University Hospital)



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