



### Additional information

Course fee:

LACA member – 50 EUR

Non LACA member – 100 EUR

Resident – 0 EUR

Pre-registration until 18. of September:

+370 46 400 002

info@osteca.lt



### COURSE LOCATION

**25<sup>th</sup> September**, live surgeries day

**Klaipeda University Hospital,**

Sector no. 3, Liepojos str. 41,

LT-92288 Klaipeda

**26<sup>th</sup> September**, lectures day

**Radisson hotel**

3<sup>rd</sup> floor, Siauliu str. 28, LT-92231 Klaipeda

### CONTACT:

Raimonda Šileikienė

+370 46 400002

+370 655 52672

info@osteca.lt



**25-26 September 2014**    **Klaipeda, Lithuania**

State-of-the-art medical  
technology still needs  
a highly skilled pair of  
hands to use it.



Arthroscopic Course with Live surgeries



Knee, Shoulder and Hip

Klaipeda University Hospital

# PROGRAMME

## SEPTEMBER 25th Live Surgery Day, Klaipeda University Hospital

8.15 - 9.15	Registration, Coffee
9.15 - 9.30	Welcome (prof. V. Janušonis)
9.30 - 11.30	ACL or PCL reconstruction. How I do it (M.Pawlak MD) (Moderator A.Šaikus MD)
<b>11.30 - 12.00</b>	<b>Coffee, model workshops</b>
12.00 - 13.30	RC repair + LHB tenodesis (M.Fiodorovas MD) (Moderator L.Bazaras)
<b>13.30 - 14.20</b>	<b>Luncheon, model workshops</b>
14.20 - 16.20	HIP arthroscopy. FAI (T.Piontek MD) (Moderator V. Loiba MD)
16.20	LACA current affairs
<b>19.00</b>	<b>Welcome party</b>

## SEPTEMBER 26th Lectures Day, Radisson Hotel

### Knee Session

<b>8:30 – 9:00</b>	<b>Coffee</b>
9:00 – 9:20	Meniscus repair. Why save the meniscus? (T. Piontek MD)
9:20 – 9:50	ACL reconstruction. Current concepts (M.Fiodorovas MD)
9:50 – 10:10	PLC anatomy, injuries, reconstruction (M. Pawlak MD)
10:10 – 10:30	PCL anatomy, reconstruction (M. Pawlak MD)
<b>10:30 – 11:00</b>	<b>Coffee</b>
11:00 – 11:15	Smith & Nephew new products presentation
11:15 – 11:35	Knee medial side injuries. Current concepts (M.Fiodorovas MD)
11:35 – 11:55	MPFL reconstruction. Double bundle vs. Quadriceps tendon technique (G.Pocius MD)
11:55 – 12:15	Rare pathologies and entities of the knee (K.Bliznikas, MD, A.Brazaitis, MD)
12:15 – 12:35	Cartilage reconstruction (T. Piontek MD)
12:35 – 12:50	Discussion
<b>12:50 – 13:30</b>	<b>Luncheon</b>

### Shoulder Session

13:30 – 13:40	S&N New products presentation
13:40 – 13:55	Arthroscopic bone block procedure. (M.Fiodorovas MD)
13:55 – 14:10	Anterior instability. Laterjet procedure (M.Pawlak MD)
14:10 – 14:25	Open Latarjet operation: indications and complications. (S. Ryliškis MD)



14:25 – 14:40	Posterior instability management (M.Fiodorovas MD)
14:40 – 14:55	Arthroscopic treatment of snapping scapula (L.Bazaras MD)
14:55 – 15:10	Use of 70 deg. arthroscope in shoulder surgery. Does it improve visualization? (M.Fiodorovas MD)
15:10 – 15:20	Discussion
<b>Hip session</b>	
15:20 – 15:40	Identifying the patient and diagnosis; patient selection (T. Piontek MD)
15:40 – 15:55	Arthroscopic treatment of FAI (V.Loiba MD)
15:55 – 16:15	Hip instability (T. Piontek MD)
16:15 – 16:30	Synovial chondromatosis of the hip (V.Loiba MD)
16:30 – 16:50	Discussion
16:50	Certificates, Course ending

### ORGANIZING COMMITTEE:

V. Janušonis MD Prof. (Head of Klaipeda University Hospital)  
M. Fiodorovas MD (Orthopaedist-traumatologist, Sports Trauma Department Chief, Klaipeda University Hospital)  
O. Narbutis MD (Orthopaedist-traumatologist, Klaipeda University Hospital)

### FACULTY:

T. Piontek MD	Poland
M. Pawlak MD	Poland
M. Fiodorovas MD	Lithuania
L. Bazaras MD	Lithuania
G. Pocius MD	Lithuania
A. Šaikus MD	Lithuania
V. Loiba MD	Lithuania
A. Brazaitis MD	Lithuania
K. Bliznikas MD	Lithuania
S. Ryliškis MD	Lithuania

